



GARGAR FOUNDATION
for Development (GFD)

Gargar Foundation for Development

Annual Report

2011-2012

“There is one universal truth, applicable to all countries, cultures and communities: violence against women is never acceptable, never excusable, never tolerable”

- Secretary General Ban Ki-moon.

Gargar Foundation for Development Annual Report 2012-2013

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Legal Information

Charity Name: GarGar Foundation for Development

Address: 37 Chapel Street, London, NW1 5DP

Registered Charity NO: 1135763

Management Committee Names:

Mr: Abdiqadir Doore Chairperson
Mr Osman Abkey Secretary
Mr: Abdi Hamud Treasurer
Ms: Asli khalif Trustee
Mr:Mahdi Salat Trustee

Staff

Deqa Abdi (Director)

SarahWiilmohamed project
coordinator

2) Volunteers

- Maria Mustapha
- Amin Khlid
- Hoda Abukar
- Ismail Kasim
- Maria MacDonald
- Ihasan Sadiq
- Mona Mumin
- Ersin Kaya
- Merve Jackson
- Ayman Jeraj
- Ezgi Akarsu
- Mounia Belbehri
- Gabriela Pollard
- Mamy Khary Diaw
- Manal Abdelgadir
- Osman Osman
- Ihasan Ahmed
- Inas Mahmood
- Batula Abdullah

- Lol warsame



Report of the Trustees

The trustees are pleased to present their annual report for the year ended 31 of December 2011

Gargar Foundation for Development (GFD) was set up in 31.12.2008 as non –Profit Organisation. And became a register charity on 2009

Our aims are as follows:

1. To advance the status of Somali women
2. To strengthen the capacity of Somali women by encouraging them to participate in the advancement of women status through advocacy of rights.
3. The relief of financial need and suffering among victims of disaster in or from Somalia in collaboration with communities, governmental bodies and local organizations (including provision of medical aid).
4. To preserve and protect the mental and physical health and well being of women, and to provide support for women struggling financially.
5. To establish education centres and attract more female applicants to develop their educational skills.
6. To provide medical advice and assistance in cases of involuntary sterility, malaria related issues, HIV/AIDS, or other sexual problems such as FGM in order to provide appropriate assistance.

Constitution

GarGar Foundation for Development is a registered charity governed by its constitution. The organisation has adapted its full charitable responsibilities in ensuring the attainment of our goals in empowering women and communities through outreach at grass root levels internationally, as well as providing assistance to the most vulnerable members of society for the betterment of health and future.

Trustees Responsibilities

Trustee board members are expected to follow the good governance including:

- Understanding their role
- Ensuring delivery of organisational purpose
- Working effectively both as individual and a team
- Exercise effective control
- Behaving with integrity
- Being open and accountable

A Trustee is responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity, to enable them to ensure that accounts comply with the regulations. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of error, fraud and other irregularities.

□ Governance

GarGar foundation is governed by a Board of Trustees consisting of chair, secretary, treasury and members, which have the overall responsibility for governance and management of the organization. GarGar Foundation has 5 Trustees, each undertaking the responsibility of constant development to maintain skills and appropriateness to govern.

Trustees govern the organisation through quarterly board meetings with the support of the executive Director/Manager. All elected board members are retired from the office at the annual general meeting, but are eligible for re-appointment. GarGar Foundation trustees meet quarterly to make decisions about the governance of the charity as well as reviewing key policies. When a decision cannot be reached at the meeting it is delegated to a specific group of trustees, and the result communicated by the chair and notified at the next meeting. The officers meet regularly between the meetings of the full board to discuss any immediate issues and to offer support to the Director / Management.

□ Trustees Induction and Training

Our trustees have good understanding and familiarity of the practical aspects of the charity's work. New Trustees are invited to attend induction meetings where we provide Charity's governing document as well as full background information of both the purpose and the operational aspect of the charity. In addition both the new and the existing trustees are kept informed regularly the organisational developments and changes through meetings, trainings and absences.



□ Risk Management

The Trustees have a risk management strategy comprising of the following areas: An Annual review of the risks the charity may face:

The establishment of systems and procedures to mitigate any identified in the plan.

The implementations of such procedures designed to minimise any potential impact on the charity should those risks materialise.

The management committee is in the process of identifying, reviewing and conducting the major risk to which the charity is exposed. With the continuous monitoring, appropriate procedures are established to moderate the risks the charity faces.

□ **Quality**

GarGar Foundation for Development has policies in place to safeguard all those who use the services.

□ **Organisational Structure**

GarGar Foundation for Development has 5 management committee members; 1 CEO and one part time project coordinator who meet quarterly and they are involved in each step of decision making process; trustees provide major input into ideas and guidance on all aspects of the running of the organisation. In addition, the charity CEO regularly reports to the management and ensures day to day operation of the foundation.

□ **Our Vision:**

Gargar Foundation for Development foresees a society with peace and harmony. The activities of Gargar Foundation for Development will be oriented towards this condition ensuring women are given equal rights to education, health and wellbeing, living conditions, legal justice, recreational and adequate economical advancement.

Mission:

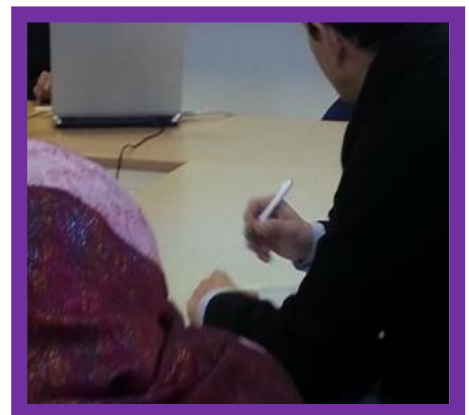
The mission statement of Gargar is to help women and young girls of the East African society and BME communities to live in peace and sustain their livelihood, it also give emphasis on the development of nation by backing the primary needs of the country like health improvement, education, and environmental protection, through capacity building, programming & proper limited resources management and utilization.



Delivering the best quality service possible is paramount; therefore we aim to achieve our goals by employing all the resources at our disposal with the view to becoming the leading provider of resources and advocate for the returnee community within GFD and the surrounding areas.

The Charity's activities year 2012 included:

- Women health and leadership training programmes in partnership with other organisations to empower women by encouraging them to fight for their rights within their own communities.
- Food distribution for displaced people particularly during the famine and drought crisis.
- Seminars on women's rights
- Orphan Sponsorship in Somalia for the education and well being of 20 children in schools.
- The Women's forum a support network for liked minded individuals to congregate and discuss issues facing women.



- Zero Tolerance of Female Genital Mutilation project
- Women skills training project
- Partnership with UK Online Centres
- General support, information, advocacy and outreach such as specialist services.

GarGar Foundation is a user-led charity

All our services and projects have strong evidence of user needs, our users are active in all aspects of the development, decision making and design of services. To establish the need for our programmes, we have used the following methods.

Knowledge and Experience: All our programmes are user-led and the initial development of programmes is always based on clearly identified needs of the community we serve.

Monitoring and Evaluation: The performance of services and projects are regularly checked to review those programmes that work and those that do not, as this helps us improve how we do things and learn from past mistakes.

User Feedback: This is important to past, existing and future programmes, information gathered from the evaluation and the monitoring of systems are the basis of evidence. GarGar Foundation service users are regularly given the opportunity to feedback their needs both formally and informally



CHAIR'S REPORT

- The strategies that we set up to achieve last year were to address the needs of our stakeholders, which included the provision of important and much needed services. We decided to be very imaginative and innovative in the delivery of those services through understanding and being realistic in the areas that we could be successful and achieve the most successes. We therefore decided to focus on areas of health, education, and advocacy.
- Gar Gar Foundation successfully achieved all the targets activities. I am also pleased that our founders, partners and most importantly our users see us as a Foundation that has the structures and capacity to deliver efficient and appropriate services.
- We are grateful to have highly qualified Management Committee members who bring a wealth of knowledge and expertise and appreciate the hard work and sacrifice of our volunteers without whom this Foundation could not meet their goals with success. They have also fruitfully accomplished the ambitious targets set by our founders.

- Partnership work had been a key component of our success. Our success has always been to work closely with other organisations in the provision of comprehensive service for our users. We worked with those partners to facilitate valuable training for our trustees and volunteers. We will continue to work with those many organisations from different sectors and plan to continue these important partnerships over the next year.

. There were many limitations to our capacity and resources. It had not been easy to run the organisation with just trustee group. They and the volunteers have put in many hours well above their duties.

- I would like to take this opportunity to express my deep gratitude to the trustee management members, employee and volunteers for their hard work and dedication as well as out supporters and the public in general. Many thanks also go to our founders and organizations that we worked with over the last year.

*“A woman is the full circle.
Within her is the power to
create, nurture and transform.”*

Diane Mariechild

(Author and women's Rights activist)

Achievements

The Gargar Foundation for Development works independently on projects as well as with partners in Health, Education, Emergency Relief, and Personal Development that address different sectors, areas and target beneficiaries. We have achieved the following:

1. Women health and leadership training programme
2. Food distribution for displaced people
3. Seminars on women's rights
4. Orphan Sponsorship
5. Zero Tolerance of Female Genital Mutilation project
6. Women skills training project
7. Partnership with UK Online Centres
8. General support, information, advocacy and outreach

Outcome 2012-2013



Women's Health and Leadership Training programme

GarGar Foundation for Development has continued delivering the women health and leadership Program for Westminster and Kensington and Chelsea residents. We have demonstrated more participant involvement, as well as joint learning of health related topics, which the communities have found very useful.

- The outcome of this event was very positive.

The training program included:

-Leadership skills, communication and Assertiveness- to

Give women the voice to stand up for their rights, and become beacons of empowerment in their own communities.



-Sexual and Reproductive Health and

Rights- to educate communities (specifically women) on the sexual and reproductive health and well being, and how to advocate for the rights
Community cohesion

- More women developed a safe space to talk about issues facing them(such as distress, poor diet and how to overcome

- **-Presentation and communication-** particularly when addressing fellow community members on women's rights, advocacy, and empowerment. To help women gain confidence and self esteem to fight for their rights.

- **-Healthy eating** – to encourage the understanding of the importance of general health and well-being through nutrition, diet and exercise for whol

□



Seminars on Women's Rights

GarGar Foundation had 3days workshops for 20 young activist women in 2012 from the grass root. The workshops aim was to empower women, raise awareness on human rights, Focus on women's political rights, and Upgrade their advocacy and leadership skills. By the end of the workshops

1. The project increased women awareness and educated them of how to advocate
2. The project increase women's self-esteem, confidence, and educated them how to confidence to communicate with their communities
3. The project educated them of how to establish strong relations within community by encouraging dialogue and understanding
4. the project developed strategies and support for women issues including(women's right to health, education and political participation) the discussion was based on the existing challenges to women's access to fair justice and political rights



At the end of the project GarGar Foundation held a conference in December 2012. The conference attracted participants including women members of the Newly elected Somali Parliament, Men and women of civil society, the conference highlighted Somali women's opposition to the war, and developed strategies and support for an end to the Somali conflict, the discussion was based on the existing challenges to women's access to fair justice and political rights. The participants at the end provided recommendations on the measures that could be employed to ensure access to fair justice. Also the participants congratulated the newly appointed minister of forging affairs Ms Fowzia Hacı and urge her to advocate for more political participation for women

Food Distribution for Displaced People

Gargar Foundation for Development (GFD) aimed to tackle the famine and drought crisis in East African countries such as Somalia and Kenya during the holy month of Ramadan in 2012 through the Raman Food Distribution Project and Community Kitchen. Those projects focused on those worst affected by the crisis especially the young, women, children and the elderly, and provided necessary Food and Water for 2000 families across the two regions. This was carried out in a number of stages in collaboration with other NGO's across Somalia, Kenya, and the UK, as well as support through volunteers, donors and medical professionals, local media and the government. Such efforts include many projects run by GFD in helping the most vulnerable in society as well as raising awareness of sexual and reproductive health and well-being among communities. This includes the following projects, some of which are still ongoing:



Orphan Sponsorship

Thank to our sponsors GarGar Foundation has continuing its orphan sponsorship programme . We have so far sponsored 40 children from different age range (5- 10 Years Old) and we pay for their school fees, cloth , food and travel expenses . we would like to thank each and every group who contributed to this project and invite those how are interested to join us to help and empower those children cause children are our future



Zero tolerance to violence against women and girls including sexual violence

The aim of this project was to empower and inform the East African community especially women and young girls, youth and men in Westminster, how to improve their knowledge of the disadvantages of Female Genital Mutilation (FGM), increase their confidence to make sound decisions of their own health and wellbeing,. The project targeted 130 people in

To achieve that Gargar Foundation conducted community workshops, one to one counseling session and conducted volunteer training on women's sexual violence.

The outcome included

1. Increased women's and girl's health, self-esteem, confidence, improving mental health, and allow them the confidence to communicate with own family.
2. Positive relationship between health providers, and the community.
3. Establishing strong relations within families by encouraging dialogue and understanding. This will be beneficial to protect women from FGM or any sexual abuse, a
4. Educating women on how to advocate in their own communities.
5. Provided training for volunteers making them more culturally aware, and identifying females at risk of FGM, and other sexual violence acts and poor health and wellbeing, and enabling them to raise awareness of issues and safeguarding children against abuse, promote services to the community.
6. Training on Safeguarding children, legal issues and intergenerational issues- to delve into the reality of cultural practices such as FGM and other forms of abuse against children, how to safeguard them through inspecting policies and legislations relating to this.



Office Admin and Customer Service project

In order to enable 20 women and indeed men to find better employment, we have started projects in Mogadishu, Somalia training on Office Admin and Customer Services as this will allow people to learn office etiquette, telephone etiquette, time keeping skills, communication, and organisation to name a few, these skills will be essential in any form of employment, and will enable participant to gain new skills, self confidence as well as new employment. So far GarGar Foundation has placed through its work placement programme all the 2p0 women in different government institutions, NGO, local business especially (Travel and Hotels sectors)

Partnership with UK Online Centres

We have forged a partnership with UK Online Centres in order to help our service users and volunteers with training in using computers, software and IT. so far we have trained and assisted more than 239 people how to use the computer, how to make research and basic IT. Also together with UK online Centre we have conducted start something programme, where we promote different service such as job search, health leaving online in the community centres, schools, Libraries and supermarkets within Westminster and Kensington and Chelsea



Fundraising

GarGar Foundation for Development also engaged in fundraising activities by selling homemade sweets and handmade Christmas cards at charismas event.



Volunteer Capacity Building Project

GarGar Foundation for Development has presented its t volunteers with many opportunities for training sessions by working with the City and Guilds Trust and the UK Online Centre. We also send them weekly job alerts to help them find suitable employment. We have so far placed 10 volunteers into job market including supermarkets to retile industries



Public Benefit:

The planning and development of all our activities the trustees have given careful deliberation to the charity commission guideline on public benefit statement.

Our core service is to improve the quality of life of East African women and Somali women in particular through the advancement of (i) educational activities, (ii) promotion of health, welfare information and guidance, (iii) the provision of social, cultural and recreational activities.

Our services are designed to empower, encourage, advocate and support the most disadvantaged members of the community; helping individuals to help themselves and have the knowledge to improve their life in a meaningful way.

In addition we make every effort to be inclusive; we strongly take the views of our members and develop programmes according to their needs. All our services are user-led and free of charge to participate.



Future Plans 2013 and Beyond :

We hope that we will be able to improve our services by training more our trustee and volunteer and building their capacity as well as putting in place a affective fundraising strategy that will assist us toward growth and to strengthen and continue to increase our collaborative work with voluntary and statutory agencies.

We are also planning by developing an area for privacy in our offices, to enable us to handle the most sensitive cases with care and comfort. We plan to develop some services and projects that can be delivered with the redesigned GarGar Foundation to minimise the costs involved in travel, time and costs of arranging a location for workshops.

Financial Review:

The difficulties in raising sustainable funds have been evident in this year`s reduced incoming resources to deliver essential community activities,

The limited resources and insecurities over funding have made it difficult for the charity to plan and develop services fully to meet the needs of service users. However, with the full support from the Trustees, staff, volunteers and the support of funders we continue to generate a positive income for the period.

Our success in securing continued funding for our women health and Leadership projects has enabled us to sustain and continues to help us with our daily support to the local residents . We are extremely grateful for the continuing recognition of our efforts and consistently hard work to the community from funders.

Although, as the majority of our funding streams are short term funding (e.g. one year), it has been difficult for us to properly develop a project that can fully serve the needs identified, thus in the future we hope that funders take this into account when reviewing future funding streams.

RESERVES POLICY:

The charity is in the process of developing a reserves policy in the future for office expenses and equipment as well as for the purpose of free reserves for other risks

Approved by the trustees and signed on their behalf by:

Abdiqadir Doore:
Chairperson

Statement of Account for the year ended 31 of March 2012

Incoming Resources

<u>income Sources</u>	<u>Unrestricted</u>	<u>Restricted</u>	<u>2012</u> <u>£</u>	<u>2011</u> <u>£</u>
Donation	580.121		580.121	1000
Grants		23,321.06	23,321.06	£17,850
Fundraising income	£1,000.00		1000	£0
memembrship	£340		340	£230
ATM (Ramadan)			0	£2,500
Total Incoming Resources	<u>1920.121</u>	<u>£23,321</u>	<u>£25,241.18</u>	<u>£21,580</u>
Office Cost		2880	2880	0
Satff cost		6600	6600	0
Venue cost		2340	2340	4470
Trainer cost		1650	1650	3609
Volunteers' Expenses	500	1700	2200	2420
Postage & carriage expenses	200	200	400	120
Food & Refreshment	500	2000	2500	2500
Printing & Stationery	210	300	510	1405
Accounting & examination	240		240	260
Equipments		£649.99	£649.99	1000
Publicity		500	500	1950
capacity building cost		1000	1000	
Administration				2005
Total Resources Expended	<u>1650</u>	<u>19819.99</u>	<u>21469.99</u>	<u>19739</u>
Net surplus / Deficit	<u>270.121</u>	<u>£3,501</u>	<u>£3,771.19</u>	<u>£1,841</u>
Fund B/F			<u>£2,653</u>	812.48

Balance Sheet as at 31 December 2012

	<u>Note</u>	<u>2012</u>	<u>2011</u>
<u>Fixed Assets</u>		0	0
Tangible assets		0	0
<u>Current assets</u>			
Cash at bank		6424.67	2653.48
Grant debtor		0	0
<u>Total net assets</u>		<u>6424.67</u>	<u>2653.48</u>
 <u>Funds</u>			
Unrestricted		2590	140.48
Restricted		3834.67	672
<u>Total</u>		<u>6424.67</u>	<u>812.48</u>

Notes to the accounts for the year ended 31 December 2012

1. Accounting policies

a) Basis of accounting policies

The financial statements have been prepared under the historical cost convention, as modified by the inclusion of fixed assets investments at market value , and in accordance with applicable accounting standards and follow the recommendation in the statement of recommended Accounting and Reporting Practice by charities.

b) Grants

Grants are recognised in the statements on accrual basis following the satisfaction of any pre-conditions

c) Expenditure

Expenditure is recognised on accruals basis

Independent Examiner's report to the Trustees

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice, Accounting and Reporting applicable Accounting Standards and the Charity Act 2011

Responsibilities of the Trustees

The trustees and the Management Committee are responsible for the preparation of the accounts and that you consider the audit requirements of the charities Act 2011. It is my responsibilities to state on the basis of procedures specified in the directions given by Charity Commissioners whether particular matters have come to my attention.

Basis of my examination

The examination of the accounts was carried out in accordance with the general directions given by the charity commissioners. The examination includes:

- A review of the accounting records kept by the charity
- A comparison of the accounts presented with those records made available
- Consideration of any unusual items and disclosures in the accounts
- Assessment and significant estimates and judgments made in preparation of the financial statements
- Examination of evidence relevant to the amount of disclosures in the financial statements

I planned and performed my investigation so as to obtain all the information and explanations which I consider necessary in order to provide me with sufficient evidence to give reasonable assurance that the financial statements are free from material mis-statements whether caused by fraud or irregularity of error. In forming my opinion I also evaluated the adequacy of the presentation of information in the financial statements.

Opinion

In my opinion the financial statements as prepared give a true and fair view of the charity state of affairs as at 31st December 2012 and the incoming resources and their applications in the year ended have been properly prepared in accordance with general directions given by Charity Commissioners.

Beugre Jacques

J-Accountancy & Consultancy

38 Richardson Court

Studley Road

London SW4 6RZ

Signed: -----

Date: