



HEAR WOMEN ORG. (HWO)

IMPACT REPORT 2015/16

Hear Women /GarGar Foundation
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Find Us on



Get Involved

Help Women & Girls
to Make a New Start



About us

Hear Women registered charity with UN that provides services to women and girls of East and North Africa, focusing on health & well-being, gender based violence and earning a Livelihood. Underlying all is the goal to advance women's full and effective participation at all levels of political, economic and public life.

Our Projects Aim

- To provide information, training and advice for women and young girls enabling them to have the tools and knowledge to advocate against FGM.
- To reduce health inequalities, particularly in deprived/vulnerable communities, and empower local women and girls to improve their well-being through activities that improve their physical and mental health.
- To secure women's ability to earn a livelihood so that they can become independent and escape situations of violence, and abuse.
- To help women find their voice and make decisions affecting their lives and their families.

What we offer them?

- Training for professionals in all aspects of health and wellbeing.
- Skills for Life
- Humanitarian Aid
- Professional Advice and guidance.
- Activities that advance the status of East and North African Women

Our Desire

Is to enable women and girls to be free from fear and able to take decisions when it comes to themselves and their family, as well as to be financially independent. Our mission is to raise awareness generally so that women feel empowered and totally equal when it comes to human rights. Our programs deliver support to even the most marginalized areas of society where women are excluded, including East and North Africa.

We support community conversations, women-only savings and loan associations, mobile legal aid clinics, human rights training, HIV support groups, refugee paralegal teams, radio programmes, girls' leadership clubs, and drama groups.

With our partners we help women and girls join together, often for the first time, to talk about what they want to change, and then we help them to achieve it.

Our Approach

Hear Women's approach makes it stand out when compared to other organizations. Our tactic is to work with partners on the ground, with an accent on local expertise which elevates the cause and allows us to put in place national policies and regional dialogues, supporting international.

Our impact 15/16



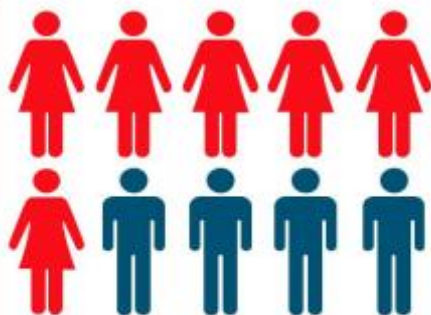
Nearly **4000** Women & Girls received direct support and advice.

40%

Have gained confidence (*Speak Up*)



80% Supported through our health talks & workshops



More than **100** professionals were trained in all aspects of FGM

Over **90%** of the project beneficiary are women and girls from East & North African populations

Nearly **50** women Has set-up their own business.

3200

Developed a clear understanding of health provision and the local area

21% of the women are Somalie backgrounds, and

69% are Black African, East & North African women.

15

Women and girls have started volunteering



10

Women secured employment during the course of Women & Business project.

40 Orphan children where supported

Help through

- School fees
- Clothing
- Scholl Books
- Quarbani Meat distribution



Hear Women / GarGar Foundation

Aim: To Improve Women and Girls health and wellbeing, Advocate against Gender Based Violence, and enable Women and Girls to develop sustained livelihood Underlying all is the goal to advance women's full and effective participation at all levels of political, economic and public life



100% of our client are women



Our Vision

“A world where women and girls are equal partners in their communities and around the world, free from fear and possessing the proper knowledge to make their own health and wellbeing decisions, to speak up about issues affecting them and their families and to be economically independent.”

Our Approach

Is to form partnership with local women and girls organisations in East and North Africa and in the UK in order to draw upon local expertise and to provide long-term sustainable change which can shape national policies, and create regional dialogues, and international advocacy.



Our role is to support our partners with tools to amplify their voices and increase their impact and influence.”

Our Impact 15/16

“3864 Women and Girls were directly supported from the provision of health and wellbeing information, to skills training, to providing them safe place away from violence and stress. Together with our partners we achieved this by:

- Providing practical services for women such as advice and guidance.
- Providing information regarding their health and wellbeing.
- Providing information for women about their rights and where to seek help.
- Challenging and changing attitudes and behaviours
- Training and supporting women to gain a voice.”

Governance and Structure:

Our CEO:

“Hear Women's Director, Deqa Salad, established the foundation in 2008 with the aim of using her experience in international development, human rights, and governance in the nonprofit sector, to empower women to develop and progress in the societies in which they live. She has campaigned with UNICEF and the Women Forum of East Africa for women rights.”

Our Board of Trustees:

“Hear Women Organisation is governed by a Board of Trustees consisting of chair, secretary, treasury and members, which have the overall responsibility for governance and management of the organization. The Foundation has 5 Trustees, each undertaking the responsibility of constant development to maintain skills and appropriateness to govern.”

Summary of Activities

Activities: - workshops/seminars, Orphen sponsreship, skills Training, Women and business, food and water tank distributions



Exercise Classes. 2015

“By coming to the exercise classes I have learned a lot about health options for me. I think most definitely I have increased my confidence and I have also met a lot of new women.” **Service User**

“The workshops have been really useful as now I know where I can find out the right information. Before coming to the workshop I didn't even know that I could give my opinions about how I felt. I would say that now I feel my voice will be heard and that I do feel more confident. If you had asked me last year I would not had clue.” **Service User**



Workshops 2015

“I really liked the idea of the basic steps to setting up my own business that I can do from home. So we had practical session on decorating candles through to packing gifts. These are simple methods that you can fit in around your children. I will be taking these ideas forward and hope to set my own business and give something back to the economy.” **Service User**



Meet & Greet. 2014

“Hear Women helped me to register with GP that is near to my new home and explained to me what I need to expect from the GP. I would like to thank Hear Women for their support.” **Service User**



Making health better. 2015



Skills Training 2016

“The sessions have been really useful and 1264 women has benefited from attending”

Income and expenditure

	2015		2014	
	Restricted Funds	Unrestricted Fund	Total Funds	Total Fund
INCOMING RESOURCES:				
Voluntary Grants	-	-	-	-
Donations and other Income	27,381.60	6,845.40	34,227.00	40,361.00
ACTIVITIES FOR GENERATING FUNDS				
Investment Income	-	-	-	-
Other Activities	-	-	-	-
Total Incoming Resources	27,381.60	6,845.40	34,227.00	40,361.00
Total			74,588.00	

	2015		2014	
	Restricted Funds	Unrestricted Fund	Total Funds	Total Fund
RESOURCES EXPENDED:				
COST FOR GENERATING FUNDS:				
Charitable Expenses	33,875.20	8,468.80	42,344.00	21,175.00
Investment Income	-	-	-	-
Other Activities	-	-	-	-
	33,875.20	8,468.80	42,344.00	21,175.00
CHARITABLE EXPENITURE:				
Restricted Funds				
TOTAL RESOURCES EXPENDED:	33,875.20	8468.8	42,344.00	21,175.00
Net Surplus for the year	-6,493.60	-1,623.40	-8,117.00	19,186.00
Opening Funds	19,057.87	4,764.46	26,688.00	4,636.06
Transfer of funds			-	
CLOSING FUNDS:	12,564.27	3,141.06	18,571.00	23,822.06



Thank you to

Our partners

- Almanaar Cultural Centre
- Health Watch
- Age UK
- Paddington Development Trust
- Social Council Kensington and Chelsea
- Migrant Organise
- One Westminster
- BME Health Forum
- UN Women
- Iftteen Relief
- ENTRELLES Association
- Bereue of women affaires Gambia

Our Funders

- People Health Trust
- West London Clinical Commissioning (WLCCG)
- John Lyons
- Cooperate Grand RBKC
- Westminster Public Health
- ILKDER Trust Turkey
- UN Women
- Lloyds Foundation

Support us

Please join our committed, inspired and generous supporters, without whom none of our work would be possible, by making a donation today or arrange a gift aid in your will. Together let's support women to stand up, speak out and live free from violence.

To make a donation call: +44 2036649519

Contact info

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Charity Number: 1135763

Special consultative status with UN Economic and Social Council [ECOSOC](#)

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