

Our Zumba sessions are now taking place at both

Venture Centre Tuesdays 10:00 till 11:30

Stowe Centre Fridays 10:00 till 11:30 (including a gym session)

Sessions cost £1.50 8 session a month cost £12 paid monthly

Update news Winter Activities First Zumba Classes 04.09.2015

The first Zumba session of the winter Activities took place on the 4th September 2015 at the Stowe centre. There was a good attendance by members and prospective members who took part and fun was had by all.

Updates on tasks completed 14.09.2015 - 18.09.2015

Achmat

1. Admin / Book keeping tasks
2. Updated social media
3. Attended Zumba class to sign up new members
4. Designed Leaflet for Zumba classes
5. Designed Events Leaflet with Jackie
6. Designed business card for Deqa Salad with Jackie
7. Printed out Eid Event ticket, collected money, recorded information and issued tickets
8. Collected weekly reports of staff members and volunteers and presented in weekly Email

Amy

1. Instructor for Zumba classes
2. Regularly books new members
3. Advertise and promote activities of Hear Women
4. Created Group "What's up" for members to share information related to workshops, trips, swimming, events and etc.

Jackie

1. Researching business in London area and contacting
2. Wrote letters to local businesses
3. Assist Hear Women membership to find a job
4. Attended Zumba class to sign up new members
5. Designed Event Leaflet with Achmat
6. Designed business card for Deqa Salad with Achmat

7. Phoned members to inform them about Eid Event
8. Went out in the community to inform people about Eid Event

Najoua

1. Went out in the community to inform people about Eid Event
2. Phoned members to inform them about Eid Event
3. Brought in customers who bought tickets for Event
4. Shadowed Achmat to learn Office Admin

Lubna

1. Writing contents of website

Awa

1. Updated Social Media
2. Working on a PowerPoint presentation about Hear Women.
3. Designing ticket for Eid Event

Regards

Achmat Sulaiman

Admin and Communication Coordinator
Hear Women (Gargar Foundation for Development)