



### Healthy Communities Small Grants Programme – Mid-Point Monitoring Form

You have now reached the mid-point of your grant from the Healthy Communities Programme. We would like you to complete this form to show us how you are progressing with your project. Please note we are not expecting you to provide long responses to our questions but brief statements or points so we can see how you are getting on and we are reassured that your project is on track.

If you have any questions about the form please contact Susan Brown on 0207 697 4023 or by email [natalia.griffiths@peopleshealthtrust.org.uk](mailto:natalia.griffiths@peopleshealthtrust.org.uk)

<b>URN:</b>	000532
<b>Name of organisation:</b>	Gargar Foundation for Development
<b>Grant Amount:</b>	£10,000
<b>Name of project:</b>	Female Genital Mutilation and Child Protection Awareness Workshop
<b>Project start date:</b>	01/10/2012
<b>Mid-point review date:</b>	01/04/2013
<b>End date:</b>	30/09/2013

***To be completed by grantholder:***

<b>Lead contact name:</b>	Deqa Abdi
<b>Date form completed:</b>	01/04/2013

<b>Outcomes</b>	
1. Please restate the project outcomes. This is the aim of your project and specific project outcomes as detailed in 4.11 of your application form.	
<p>1. Individually: to increase women's and girl's health, self-esteem, confidence , improving mental health, and allow them the confidence to communicate with own family.</p> <p>2. Families: to establish strong relations within families by encouraging dialogue and understanding. This will be beneficial in mental and physical well and protect them from FGM or abuse, and advocate in their own communities.</p> <p>3. Volunteers: to provide training for volunteers making them more culturally aware, giving them vital experience in fields they may wish to pursue a career in, and identifying females at risk of FGM and poor health and wellbeing, and enabling them to raise awareness of issues and safeguarding children against abuse, promote services to women not aware of them.</p>	

2. a) Please provide a brief update on your progress in achieving the project outcomes.  
b) Please also briefly summarise how you are measuring your outcomes.

We have so far trained more than 10 volunteers, who were provided 3 training sessions including the relationship between child protection and FGM, FGM and Health and wellbeing (both mental and physical effects of FGM), and National, International and Human Rights aspects of FGM. Making them more culturally aware, giving them vital experience in the field of FGM, and its impact on young girls and families and the whole community. **(please see volunteer short feedback report attached)**

**“Child Protection: The trainer was brilliant. I remember things more when there are stories attached to them and she never failed to support assessing FGM situations with an anecdote. However, more focus needed to be on the practical side of things, to give us more confidence with dealing with a situation” Says Ezgi a Volunteer**

**“The midwife that came in really gave perspective on the reality of FGM in this country. She also gave some good background history into why there is increasing attention on FGM, and also why it's needed. I think this might've been the best session” Says Munai a Volunteer**

in the end of the training sessions the volunteers were had full knowledge of the issue of FGM, were able to raise awareness of FGM and safeguarding children against abuse, promote services to women, families, and to the entire community, by undertaking outreach work in the local Libraries, children centres, and community centres. **(Note the outreach work is still on going)**

places we are working with include (Paddington Library, Queens Park Library, Portman Children Centre, The Stow Centre, Beethoven Community centre, Somali management Centre, Church street Library)

We are measuring the outcome through questionnaire, Video testimonials, feedback, and referral forms. to learn the level of knowledge before and after we conduct our work

Through our advert and outreach work we were able to reach 80 people mainly women and young people.

target is to reach between 10-15 people per week total of 200-300 by the end of the project



*"All Women in the world regardless wither they had FGM or not , should fighting all discriminatedly acts such as FGM , and I believe that FGM dishonoured, harmed women's self esteem and self wroth. therefore all women should stand and say No to FGM," Says Rahma Abdurrahman of the Somali Development Centre*

3.

Positive outcome:

1. we had more then we expected volunteers , who were attracted to join project  
2. we had more then expected children centres and Libraries who are supporting the camping( note that the initially project was targeting those community who leaved in around the Harrow Road area, however, due to the wide publicity we had high demand from children centres from other parts of Westminster including South of Westminster)

Negative:

1. Due to the limited funding for this project we are struggling to meet the volunteers high demands to join this project and are not able to pay there volunteer expenses
2. We are also stragglng to pay for the part time project coordinator salary as the project took longer than expected and we only gave quotation for only 20 weeks
3. We have more demand coming from children centres that we can not cover all of them

#### **Delivery**

4. Please confirm that you are on track towards achieving the numbers of participants/beneficiaries you stated in your proposal (or subsequently agreed with People's HealthTrust, if different). If you have not achieved the numbers, please tell us how this will affect your project and what steps you will take to reach them.

Yes we are target in achieving the numbers stated in our proposal.

5. If you want to make any changes to the delivery, targets and timescales please explain the reason, the impact this change will have on the project and detail your revised delivery plan. (Please note changes have to be agreed with People's Health Trust).

6. **Timescales** – are you on track to complete the project as scheduled (see dates above). If not can you tell us why, if you will catch up or does the end of grant date need to change?

We are on track and there will be no delays

7. Please detail what steps you are taking to help sustain the project and its impact beyond the funding period.

1. Our aim is to produce a evaluation report and use this to attract further funding.
2. Promote the work we have done in this project to stakeholders in the borough
- 3.

8. **Overall** – how do you think you are progressing? Is there anything else you want to raise with us or inform us of at this stage?

<p>We are progress well and more then we have anticipated of the high demand and support among the community</p>
<p>9. Please describe any communications activities which you have undertaken, including PR and Health Lottery branding you have applied to this project (you may include examples if this is easier).</p>
<ol style="list-style-type: none"> <li>1. Leaflets</li> <li>2. Video testimonials</li> <li>3. Poster</li> </ol>
<p>10. Please provide feedback on how People’s Health Trust is managing your grant. Is there anything we can do to improve our process?</p>
<p>Peoples Health trust officer has visited GarGar Foundation offices to over see the running of the project , that showed us the support and , we are a constantly contact with people’s health staff and project coordinators</p>
<p><b>Budget</b></p>
<p>11. How much of your grant amount have you spent / committed to date? Are you on track with your expenditure as outlined in section 5.1 of your application form? Please tell us if there is likely to be any underspend / if you have attracted any other funding for the project. Do you need to change any elements of your budget?</p>
<p>We have spent so fare £7,140 to date/ we are on track with our expenditures</p>

Please email the completed form to: [becca.lucas@peopleshealthtrust.org.uk](mailto:becca.lucas@peopleshealthtrust.org.uk)